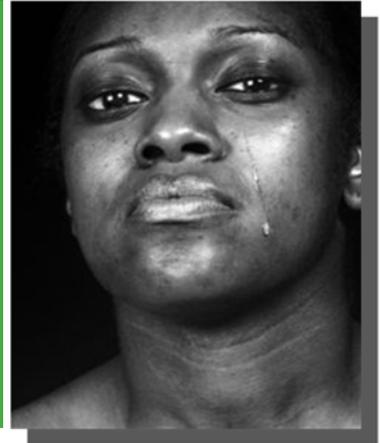




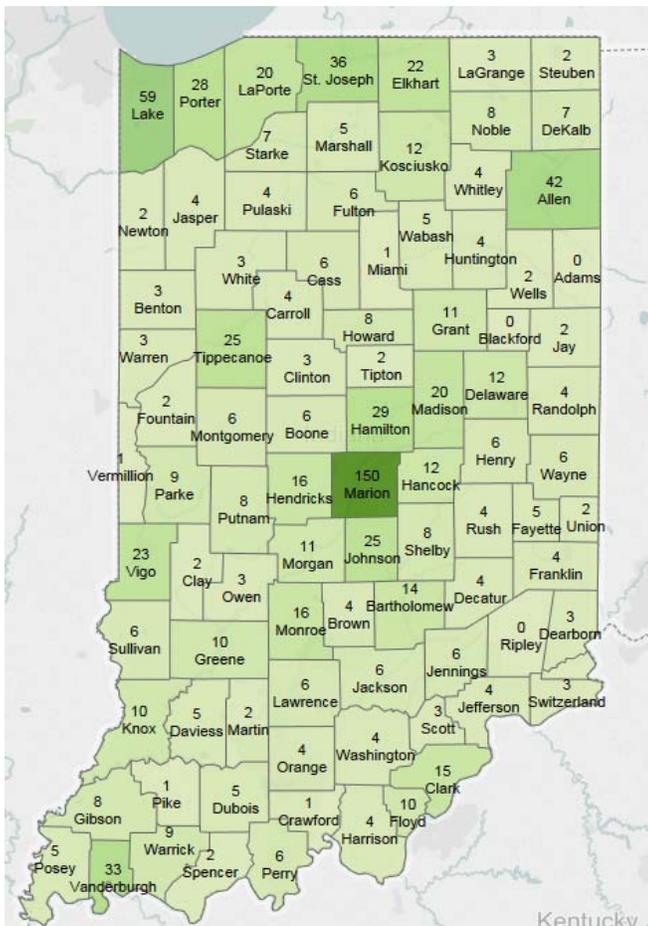
2-1-1 Connects Hoosiers to Life-Saving Resources

Brenda*, a 47 year old Indiana resident, called 2-1-1 fifteen minutes after ingesting a lethal dose of her anti-seizure medication. Brenda said she did not want any help, but wanted someone to know what she had done. The 2-1-1 Specialist continued to keep Brenda talking, desperately trying to get any information that might reveal her location. During the conversation, the Specialist learned Brenda’s roommate’s name and phone number. Another Specialist was able to call him. He confirmed that he had been worried about her and gave 2-1-1 their address so 2-1-1 could send an ambulance out to Brenda. The Specialist stayed on the line with the increasingly incoherent Brenda until the paramedics arrived and confirmed they were on the scene. The quick thinking and teamwork of two 2-1-1 Specialists helped save Brenda’s life that night.

(*named changed to protect confidentiality)

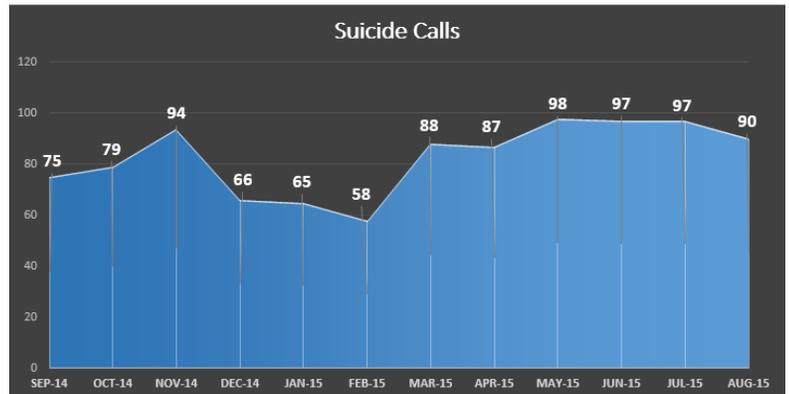


According to a report on suicide by the Indiana State Dept. of Health (2013), suicide rates in Indiana are higher than the national rate as well as higher than the surrounding Midwestern states¹. Among Indiana teens, the statistics become even more alarming: **19%** of Indiana teens have contemplated suicide and **11%** have attempted to kill themselves². The map to the left shows the



number of suicide deaths for each Indiana county for 2013³.

From September 2014 to August 2015, **Connect2Help211** answered **994** suicide calls received from 2 suicide hotlines (**273-TALK** and **1-800-Suicide**) as well as suicide calls made directly to 2-1-1. The chart below shows the number of calls by month.



The 2-1-1 database has information on **550** resources that can help someone who is contemplating suicide. Often, after the Specialist has gained the client’s trust, de-escalated the situation, and assessed the immediate need, s/he will connect the client directly with the most appropriate program for further care. **Connect2Help211** Specialists make every effort to follow up with suicide callers. Not all suicide callers accept this service. Of those that do allow a follow up, **55%** report following through with the resources provided.

If you know someone who is suicidal, please call 2-1-1 (24/7/365). Together, we can save a life!

¹[http://www.in.gov/isdh/files/Suicide_Report_2013_final\(1\).pdf](http://www.in.gov/isdh/files/Suicide_Report_2013_final(1).pdf)

²<http://www.indystar.com/story/news/2015/02/16/data-indiana-highest-rate-us-teens-considered-suicide/23508695/>

³ <http://www.stats.indiana.edu/vitals/>

